

Lake Roland Donut Run is Back!

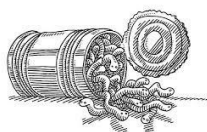
Sunday, June 25th
Race begins at 9:00am sharp!
Ages 7+
\$6 per person, per run (\$4 members)



Donuts and hot beverages await you at the end of our short (5 miles or less) run through Lake Roland's marked trails. No run times will be recorded, but top finishers will be recognized at the end of the run.

LAKE ROLAND FISHING FRENZY!

Saturday, June 10th
9:30am—11:30am
Ages 7+
\$6 per person, (\$4 members)



Learn how to identify a fish, bait a hook, and more! Then try to catch a fish! Other activities will include games, crafts, and making your very own fishing pole! This is a Maryland "free fishing" day—a license is not required.



BALTIMORE COUNTY'S NATURE QUEST

Fun for the Entire Family — Explore the Outdoors — Unplug — Earn Prizes!

- ◆ Have an adventure in your own backyard with Baltimore County Nature Quest. Pick up your Nature Quest Passport booklet at participating parks, online at LakeRoland.org/nature-quest, or at your local Wegmans grocery store. Passport will direct participants to hiking, biking, and canoeing opportunities at the County's nature sites, where questers can record their visit in the Passport.
- ◆ Complete just 5 trails to earn prizes.
- ◆ See park website at www.LakeRoland.org or your Nature Quest passport for more information.

CHILDCARE DISCLAIMER

These programs are designed to provide a healthy and enjoyable leisure experience for your child. However, these are not licensed childcare programs and are not designed to provide child care. Therefore, parents are encouraged to discuss attendance expectations with their children.

Should you require special accommodations (i.e. language interpreter, large print, etc.) please give as much notice as possible by calling the recreation office 410-887-5370 or TTD 410-887-5319



BALTIMORE COUNTY DEPT. OF RECREATION AND PARKS

LAKE ROLAND

1000 LAKESIDE DRIVE, BALTIMORE, MD 21210
• WWW.LAKEROLAND.ORG • (410) 887-4156
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2023 SUMMER PROGRAMS

Registration is limited and required for all programs. **PLEASE** email us at LakeRol-RP@BaltimoreCountyMD.gov to register, and include the names and ages of all participants, as well as a contact phone number. Registration is suggested at least one week before the program. Without sufficient pre-registration, there is a chance that the program you are interested in may be canceled.

ONGOING PROGRAMS

<p>Weed Warriors Second Saturday of the month, 9:00am—11:00am Ages 13+, Free!</p>	<p>Help keep Lake Roland looking beautiful! Volunteer with us to remove invasive plants and clean up the park. Participants under the age of 18 must have a parent or guardian present. Bring gloves, boots, and water. Meet us at the Ranger Station.</p>
<p>Nature Book Club Mondays, (Every 6-8 weeks) 6:30pm—8:00pm Adults Only, Free!</p>	<p>Meet us at the Nature Center to discuss some of the greatest nature book selections. Bring a snack to share. Please e-mail for details about our upcoming book selections and meeting dates.</p>
<p>Friday Walks Every Friday, 10:00am- 11:00am Adults Only, Free! (June - December)</p>	<p>Join us for some exercise while enjoying the sights and sounds of Lake Roland. The terrain is varied, but mostly flat with some hills. Hiking boots are recommended. Please bring water with you.</p>
<p>Stewardship Hikes Every Second Monday of the month starting June 12th, 10:00am- 11:00am Adults Only, Free!</p>	<p>Join a naturalist for a trail walk with a purpose. We'll discuss issues affecting the health of our local ecosystem, collecting litter and identifying and removing invasive species as we walk. Bring your gloves and sturdy shoes!</p>

Stretch & Stride

Tuesday, June 20
10-11am, Adults Only
Free Event - Registration Required

Join us for a beautiful 3/4 mile walk on an ADA-accessible boardwalk through the forest to the lake. Meet in the Falls Rd Light Rail parking lot at the entrance to the boardwalk.
Limited to 10 participants. Email lakerol-rp@baltimorecountymd.gov to reserve your spot!

<u>Waste Not Want Not: Crafting with Invasive Plants</u> Sunday, June 11th 10:00am—12:00pm Ages 5+, \$6 per person (\$4 members)	Help the environment and try your hand at crafting with invasive species! Learn about invasive species in the park, and make a fun craft to take home with you.
<u>Beginner Canoe Course</u> Saturday, June 17th 8:00am—11:00am Ages 8+ (with adult) \$12 per person (\$10 members)	Come learn the basics of canoeing or brush up on what you already know. Participants will learn proper safety measures and precautions, how to enter and exit a canoe, paddling techniques, and more! Please bring water and a snack.
<u>PokeQuest</u> Sunday, June 18th 2:00pm—3:00pm Ages 4+ \$6 per person (\$4 members)	The Professor needs your help with a special Pokémon research project! Join us on a quest around the park, venturing to complete tasks for the Professor. Once complete you will be rewarded with a mystery prize. You do not need the Pokémon Go App for this event, but a phone will help you in your quest.
<u>Great American Campout</u> Friday, June 23rd—Saturday, June 24th 7:30pm—9:00am Ages 5+ \$12 per person (\$10 members)	This weekend, join thousands of people across the nation for The Great American Campout! We'll go on a staff led night hike, make s'mores around the campfire, and enjoy breakfast in the morning. Bring your own tent. Rental tents are available by reservation only for a small fee. Eat dinner before you come, bring a brown-bag dinner, or take out. Please no delivery.
<u>Terrarium Building Workshop</u> Sunday, July 2nd 1:00pm—3:00pm Ages 12+, \$6 per person (\$4 members)	Create a self-contained moss garden in a jar! We'll supply the materials; you only need to bring your creativity.
<u>Lore of Archery</u> Friday, July 7th 5:00pm—6:30pm Ages 7+, \$6 per person (\$4 members)	The bow and arrow have been one of humankind's greatest tools for thousands of years. Learn the history behind this ancient skill, proper shooting technique, and see if you can hit your mark. Children must be registered with an adult.
<u>Willow Island Clean-Up</u> Saturday, July 8th 8:00am—11:00am Ages 8+, Free! If reserving a canoe—\$12 per person (\$10 members)	We love keeping our park as clean as can be. Grab a canoe or bring your own to lend a hand in beautifying Willow Island. Trash bags, nets, gloves, and grabbers will all be provided. Canoes can be reserved for a fee. Free if bringing your own vessel.
<u>Firefly Lanterns</u> Friday, July 14th 8:30pm—9:30pm Ages 5+ \$6 per person (\$4 members)	Fireflies naturally illuminate summer nights with a fascinating show of light. Join Lake Roland staff for a stroll in the dark to search for fireflies. Once you find them, we will safely catch them in jars to admire their beauty. Please bring a flashlight with you. Jars will be provided.
<u>Nature Quest Sensory Hike</u> Saturday, July 15th 10:00am—12:00pm All Ages, Free!	Take a walk through the park and enjoy the sights, sounds, and scents as we take in the beauty of Lake Roland. Come find interesting features within the park and enjoy just being outdoors.
<u>Cordage Making</u> Saturday, July 15th 3:00pm—4:30pm Ages 7+ \$6 per person (\$4 members)	Cordage is an essential and versatile item in any outdoor kit. In this workshop, you will learn how to make your own from natural materials. First, discover what types of materials work well and why. Then try your hand at a common technique used to turn fiber into natural cordage!

<u>Nature Quest Canoe</u> Sunday, July 16th 10:00am—12:00pm Ages 6+ (with adult) \$12 per person (\$10 members)	Take a guided tour of Lake Roland via canoe! Enjoy time on the water looking for wildlife such as beavers, eagles, turtles, and more! Basic paddling instruction will be provided. Please arrive 15 minutes before the program begins, boats will depart on time. Registration limited.
<u>Plein Air Drawing</u> Two Sundays: July 16th and July 23rd 3:00pm—5:00pm Adults Only \$24 per person (\$20 members)	Come develop your artistic talents by using the beautiful surroundings of Lake Roland. All levels are welcome from novices to advanced! Great for those who love nature and are interested in drawing it in charcoal! Class will take place in Pavilion 2 at the top of the hill. Class is limited to 10 students. Adults only. Materials included. No single classes available.
<u>Owl Prowl Campfire</u> Friday, July 21st 8:30pm—9:30pm Ages 5+ \$6 per person (\$4 members)	There are three species of owls found in Lake Roland. Learn about these nocturnal birds of prey and join a ranger for a hike through the forest to listen for the curious birds. We will end the night with a campfire and s'mores.
<u>Fair Folk Wanderings</u> Saturday, July 22nd 2:00pm—4:00pm Ages 6+ \$6 per person (\$4 members)	Come learn about the mysterious forest-dwellers of myth and legend said to visit the human world during the Summer Solstice. We'll search the park for signs of the fair folk, and then use natural materials to create a fairy house to take home.
<u>Pinch Pottery</u> Sunday, July 30th 10:00am—11:00am Ages 5+, \$6 per person (\$4 members)	Clay has been used for millennia to make pottery, jewelry, and all manner of objects. Learn basic techniques to turn local wild clay into works of art. All materials will be provided.
<u>Sturgeon Moon Canoe Trip</u> Friday, August 4th 5:30pm—6:30pm Ages 8+ (with adult) \$12 per person (\$10 members)	Native Americans named the full moon of August the "Sturgeon Moon," due to the abundance of the Atlantic sturgeon in August and early September. Learn about this rare fish and canoe the lake as the sun begins to set.
<u>Shooting Stars Campfire</u> Saturday, August 12th 8:30pm—9:30pm All Ages, \$6 per person (\$4 members)	Join us in enjoying the night sky by campfire glow. Using a telescope, get up close and personal to learn about stars and the constellations they create. Then, enjoy a warm treat by the fire as we tell celestial stories!
<u>Explore the Forest Floor!</u> Sunday, August 13th 5:30pm—7:00pm Ages 5+ Free!	Join a naturalist for a slow-paced hike where we'll flip some logs, peek under rocks, and stir up the leaf litter in search of salamanders, frogs, snakes, and insects. We'll also search for mushrooms and lichen, learning about the jobs each of these species has in the ecosystem. Wear shoes you can get dirty!
<u>Serpentine Netting</u> Saturday, August 19th 3:00pm—4:00pm Ages 6+ \$6 per person (\$4 members)	The open grassland in the globally rare serpentine soils provides an ideal habitat for many species of bugs and insects. Use a net to search for bugs while we learn about the important role our invertebrate friends play in the ecosystem. Park at the Home and Hospital parking lot on Copper Hill Road. Nets will be provided.
<u>Summer Snakes</u> Saturday, August 26th 9:00am—10:30am Ages 6+ Free!	Join us on a hike as we search for some of Lake Roland's native snakes. We'll learn about why snakes are so misunderstood, the important role they play in the ecosystem, and what you should do if you come across one. We will meet at the Falls Roads entrance.
<u>The Bees and the Butterflies</u> Sunday, August 27th 10:30am—12:00pm Ages 7+, Free!	Bees and butterflies are some of our most important pollinators! Come learn about what pollinators do for the ecosystem, and what makes bees and butterflies so special.